



TAB NEWS

Together Achieving Better



ISSUE 2 - 17TH SEPTEMBER 2026

KEY DATES

Monday 21st September

- 3IM Forest School

Tuesday 22nd September

- 5CT Swimming
- 3SS Forest School

Wednesday 23rd September

- Year 3 Open Morning 8.55-9.30am - 3EE, 3JC and 3IM
- 5RM Swimming
- 5CT Forest School

Thursday 24th September

- Year 3 Open Morning 8.55-9.30am - 3SS, 3SM and 3AW
- 5RM Forest School

Friday 25th September

- Year 6 Victorian Day
- 5CF Forest School

Monday 28th September

- Harvest Collection week
- 3JC Forest School

Tuesday 29th September

- 5CT Swimming
- 3SS Forest School

Wednesday 30th September

- 5RM Swimming
- 3SM Forest School

Thursday 1st October

- 5LH Forest School

All year groups fully immersed themselves in our 'TAB Way Week', and we have been thoroughly impressed by how wonderfully the children have demonstrated the TAB values.

Our Year 3 pupils had a fantastic time kicking off their Autumn term topic with an exciting circus skills workshop, while Year 5 launched their new science topic on forces with a thrilling Jedi Day - complete with some truly incredible Star Wars costumes.

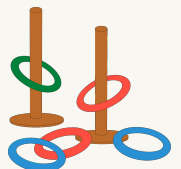
I look forward to seeing many of you at our FOS Summer Fair this evening, 5-7pm on the field. Further information is below.

Mrs Linford
Executive Headteacher

FOS Summer Fair - Friday 18th September - 5-7pm

Get ready for an evening packed with fun, games, food, treats and fantastic prizes!

Games & Activities
Food & Refreshments
Lots of Treats
Fantastic Raffle Prizes
And plenty of Summer Fair fun!



Where does the money go?

Every penny raised goes into the FOS fund, helping us provide equipment and supplies for the school and, ultimately, making things even better for our children.

We're currently saving towards a brand new trim trail course, so every game played, raffle ticket bought and cake eaten helps us get a little bit closer!

So bring the family, bring your friends, and come along for a brilliant evening!

We can't wait to see you there!

FOS Team

Autumn and Spring Term Clubs

The sign up for school run clubs has now closed. School run clubs will start week commencing 21st September 2026 unless otherwise stated on the club timetable.

If you do not receive a confirmation Parentmail by the end of the day on Friday 18th September then unfortunately we have been unable to offer your child a place in the club.



If you have not been successful in gaining a place in the club or if you didn't manage to sign up before the closing date we will open a waiting list. If you wish your child to be added to the waiting list for a club, please complete the waiting list google form which will be available on the clubs page on the school website from **Monday 21st September**.

Futher information about clubs can be found on the school website here - <https://www.tabjunior.org.uk/Parents/Clubs/>



Important note on safety & attendance

Because we have multiple clubs running at the same time, it is important that we know where every child is. If someone is missing from a club, staff must call home to make sure they are safe, which takes up a lot of time.

You **MUST** let the school office know if your child will not be attending on a particular date or if they no longer want their place.

- **Missing a single session:** If your child cannot attend on a particular day, please ensure you notify the office by calling 01903 202268 or emailing clubs@tabjunior.org.uk.
- **Cancelling a place:** Please let us know if your child no longer wants a place in the club so it can be offered to another child by emailing clubs@tabjunior.org.uk.
- **Commitment & 2-week rule:** Please remind your child that they are making a commitment and should attend every week. If your child doesn't attend for 2 weeks in a row without notifying us, they will be removed from the register and their place offered to someone else.

If your club is run by an external provider, please ensure you notify them directly.

Thank you for your help in keeping our pupils safe.

Harvest 2026



For our Harvest collection this year, we will be supporting the charity Turning Tides with their food collection.

We will be collecting items from **Monday 28th September until the morning of Thursday 1st October**.

The children should bring their items into the classrooms. Please see the attached poster for the items that Turning Tides require most.

Contact Numbers



If you have updated your contact details – i.e. address, e-mail, telephone, mobile numbers – please let the school office know as soon as possible. It is vital we have up-to-date information.

Medical Information

It is vital that you keep us up-to-date with any medical conditions your children may have, and that those who need inhalers or Epi-Pens have two for use in school - one of these will be stored in the medical room and one in the classroom. Please also ensure that these are in date. If your child's medical information has changed, please come to the front desk in reception and let us know.



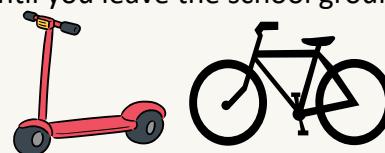
Thank you.

School gates and Scooting and Cycling on School Grounds

Please note that we endeavor to open the Rectory Road gate at 8:20am. If you are waiting at the gate please ensure that the footpath and pedestrian crossing is kept clear.

Please can we also remind you, that to keep all of our families safe, there should be no scooting or cycling on school grounds, including e-scooters and e-bikes. Please walk with them until you leave the school grounds.

Thank you for helping to keep all of our families safe.



September 2027 Admissions

Do you have a child in Year 2.

[Click here to book a school tour](#)

[Click here to book your open evening tickets](#)



Thomas A Becket Junior School

www.tabjunior.org.uk



SEPTEMBER 2027 ADMISSIONS

School tours for parents on:
12th, 14th, 20th and 22nd October and the 4th November 2026.

Open evenings for parents and children:
Monday 9th & Wednesday 11th November 2026 6-7pm

Book Tour Tickets

[CLICK HERE](#)

Book Open Evening Tickets

[CLICK HERE](#)

If you have any questions please email: schooltours@thomasabecketjunior.org.uk

WELCOME TO TAB JUNIOR

- A welcoming, happy school where all children are known and supported to enable them to thrive
- Amazing facilities to support your child's learning – fully equipped gym, art studio, design & technology room, cooking & nutrition kitchen, science laboratory, IT Suite with additional green screen room, a large sports field, Forest School and more
- Responsible, respectful, caring community where everyone is valued as unique individuals
- Creative, rich curriculum where all learning is recognised and celebrated

Glebeside Avenue, Worthing, West Sussex, BN14 7PR
01903 202268
office@thomasabecketjunior.org.uk

Contacting Teaching Staff by Email

If you need to contact a teacher, please use either the school office email address (office@tabjunior.org.uk) or the staff member's work email. These can be found on the school website here:

<https://www.tabjunior.org.uk/Our-Staff/>



You can contact your child's class teacher for matters relating to teaching and learning or pastoral/behaviour. Please note that teachers will only access emails and reply between 8:00am and 5:30pm in the working week. We would kindly ask that you schedule or send your email during these times, Monday to Friday unless there are exceptional circumstances.

For matters which are **not** related to teaching and learning or pastoral/behaviour, e.g. attendance or medical needs, please email office@tabjunior.org.uk so that the information can be passed to the correct person.

If there is a change in your child's collection arrangements, including if they are being collected by a different adult, please ensure that you email your child's class teacher giving 24 hours notice.

For short notice changes to your child's pick up arrangement please contact the school office. Please ensure that you give as much notice as possible to ensure that the message can be passed on to your child.

We will aim to respond to all emails within 2 working days.

Reaching Families - Umbrellas Parent/Carer Support Group

Umbrellas parent/carers support group is running in Worthing on **Tuesday 22nd September** at Durrington Community Centre.

Umbrellas groups offer a safe, relaxed and non-judgemental space for parent carers to meet others who understand life with SEND, share experiences, gain emotional support and exchange practical advice.

Many parents tell us that peer support is one of the most valuable sources of help they receive.

Please see the leaflets attached to this TAB News for further information.

Rainbows Play Therapy

Our play therapist Anna Cecil has spaces available from September for new private clients.

If you are interested in booking some sessions for your child, please contact her via her website at <https://rainbowsplaytherapysussex.co.uk/> or email the Inclusion team at send@tabjunior.org.uk and we can pass your details on.

Attached to TAB News

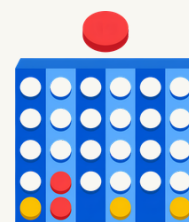
- Turning Tides Harvest Donations List
- Reaching Families
- Violin Lessons
- FACE Family Advice - October Timetable

DONATIONS FOR CLASSROOM WET PLAY BOXES

In readiness for the upcoming winter months we are updating our wet play boxes. If you are able to donate any items in the list below or the equivalent, or purchase them from our Amazon wishlist to donate to class we would be very grateful.

Construction Sets

- Magnetic Building Tiles (100+ Piece Sets): Search "Magnetic Building Tiles set" (brands like Playmags, Cossy, or Conda)
- LEGO Classic Large Creative Brick Box: Search "LEGO Classic 10698".
- K'NEX Building Sets: Search "K'NEX Imagine Building Set".



Tabletop & Card Games

- Bananagrams: Search "Bananagrams Classic".
- Dobble (Card Game in Metal Tin): Search "Dobble Card Game".
- Plastic Tabletop Classics: Search "Hasbro Connect 4", "Hasbro Guess Who?", and "Battleship Classic" etc.
- UNO / UNO Flip!: Search "UNO Card Game" or "UNO Flip".



Solo Puzzles & Logic Games

- Perplexus 3D Maze Balls: Search "Perplexus Rebel" or "Perplexus Beast".
- SmartGames IQ Series: Search "SmartGames IQ Puzzler Pro" or "SmartGames IQ Six Pro".
- Stickerless Rubik's Cubes: Search "3x3 Speed Cube Stickerless".

Reusable Activity Supplies

- Dry Erase Pockets (Pack of 10+): Search "A4 Dry Erase Pockets heavy duty".
- Bulk Dry Erase Markers & Microfiber Cloths
- Colouring books etc

SOCIAL MEDIA

Don't forget to follow us on social media to see what the children get up to at school and also on your child's Google Classroom.

You can find us

@thomasabecketjuniorschool. If you need login details for Google Classroom please speak to your child's teacher.



AMAZON WISH LIST

We would like to say a huge thank you to everyone for your kind donations purchased from our school Amazon wish list so far.

Please follow the link below to review our wish list, which has games, books and resources used in class lessons and lunchtimes.

[Thomas A Becket Junior School - Amazon Wish List](#)



Books of the Week!

Year 3 – Hans Christian Andersen – The Little Mermaid

Year 4 – Phillip Ardagh – The Grunts in Trouble

Year 5 - Joan Aiken – The Wolves of Willoughby Chase

Year 6 – Malorie Blackman – Pig Heart Boy



HARVEST FOOD FESTIVAL 2026

PICK 'N' MIX A BUMPER BREAKFAST

Help us make a Brighter Breakfast this Harvest by organising a collection of your favourite breakfast bits.

Your gifts will go directly to those experiencing homelessness to help nourish their health and support their wellbeing.

Pick 'n' Mix your Breakfast creations, and tick off from the list below.

TINS

- BAKED BEANS ☐
- SPAGHETTI HOOPS ☐
- TOMATOES ☐
- FRUIT & VEGETABLES ☐
- MEAT & FISH ☐

DRINKS

- INSTANT COFFEE ☐
- BOTTLED WATER ☐
- JUICE CARTONS ☐
- MILK/MILK ALTERNATIVE ☐
- SQUASH ☐



SPREADS & SAUCES

- JAM & MARMALADE ☐
- CHOCOLATE SPREAD ☐
- MARMITE ☐
- PEANUT BUTTER ☐
- KETCHUP & BROWN SAUCE ☐
- HONEY ☐

POTS & PACKETS

- INSTANT PORRIDGE POTS ☐
- BISCUITS ☐
- CEREAL BARS ☐
- BOXED CEREAL ☐
- SUGAR ☐

HOW CAN YOU DONATE?

Drop off Monday- Thursday.
Collections available on request.

Sign up to receive our Gift List and Newsletter to learn more about what we do and how you can support us this Harvest and beyond!

Drop off Monday, Tuesday, Wednesday, Thursday 9am - 2pm
CLOSED FRIDAY & BANK HOLIDAYS
Unit 2, Dominion Trade Centre,
Dominion Way West, Worthing,
West Sussex, BN14 8NT.

Donate via our Amazon Wishlist and send essential everyday items direct to us!



SCAN ME

Email donations@turning-tides.org.uk
Phone 01903 680742
Visit www.turning-tides.org.uk/donate-goods



REGISTERED CHARITY No: 1027832



SCAN ME



Reaching Families

Are you a parent or carer of a child or young person in West Sussex who has, or may have, special educational needs and disabilities?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, advice, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Training

Workshops and courses on a variety of issues delivered online, via Zoom

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Animations

Short animated films on a variety of subjects

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Facebook Group

An online parent support group providing news, information and peer support

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk

Telephone: 01903 366 360

Reg Charity No 1150906

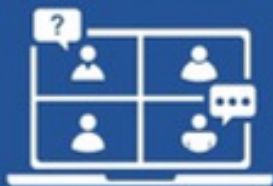


Reaching Families

www.reachingfamilies.org.uk

TRAINING

AUTUMN TERM 2026



WORKSHOPS

Understanding Attention Deficit Hyperactivity Disorder (ADHD)

Tuesday 8th September

7.30 - 9.30 pm

Making Sense of Masking

Tuesday 15th September

7.30 - 9.30 pm

Making Sense of Education Health & Care Needs Assessment and Plans (EHCPs)

Thursday 17th September

10.30 am - 12.30 pm

Making Sense of Behaviours that Challenge (age 2-11 years)

Friday 25th September

10.30 am - 12.30 pm

Understanding Demand Avoidance

Monday 28th September

7.30 - 9.30 pm

Making Sense of Wellbeing: Resilience skills for parents and carers

Tuesday 29th September

10.30 am - 12 pm

Making Sense of Personal Independence Payment (PIP)

Monday 12th October

7.30 - 9.30 pm

Understanding Sensory Processing Differences

Wednesday 14th October

10.30 am - 12.30 pm

Understanding Autism in Girls

Monday 19th October

7.30 - 9.30 pm

THE SEND FOUNDATION COURSE

An introduction to SEND and the key issues parent-carers will encounter as their children grow and develop.

Wednesdays
23rd & 30th September

10 am - 1.15 pm

All of the above training will be delivered on Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

reachingfamilies.eventbrite.com



Reaching Families

www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096

UMBRELLAS

Parent Support Groups

Autumn Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

8th Sep / 6th Oct / 3rd Nov / 1st Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

9th Sep / 7th Oct / 4th Nov / 2nd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

22nd Sep / 20th Oct / 17th Nov / 15th Dec

Umbrellas Online

Thursdays via Zoom

7.30 - 9pm

10th Sep / 8th Oct / 5th Nov / 10th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

16th Sep / 21st Oct / 19th Nov / 16th Dec

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub

15th Sep / 13th Oct / 10th Nov / 8th Dec

Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am

Arun West Family Hub

24th Sep / 22nd Oct / 19th Nov / 10th Dec

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

outreach-training@reachingfamilies.org.uk

 **Reaching Families**
www.reachingfamilies.org.uk

Dove Lodge, 49 Beach Road,
Littlehampton, BN17 5JG

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096



Violin
Lessons!

Erin
EHS
Harter
VIOLIN
Stovell



LEARN TO PLAY THE **VIOLIN!!!**

GROUP AND INDIVIDUAL LESSONS

Prices start from **JUST £9.90** and **BURSARY FUNDED PLACES**
are available!



For details and registration form email:

erinhartestovellviolin@gmail.com



October Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Raising Self-Esteem	5 Oct 10am
Supporting Healthy Sleep	5 Oct 7pm
Decreasing Depression	6 Oct 10am
Introduction to OCD	6 Oct 7pm
Improving Family Communication	12 Oct 10am
What is ACT?	12 Oct 7pm
Understanding Addictive Behaviour	13 Oct 10am
Supporting a Child with ADHD	13 Oct 7pm
Understanding Anger	19 Oct 10am
Understanding the Teenage Brain	19 Oct 7pm
Supporting Healthy Screen Use	20 Oct 10am
Autism: Improving Communication	20 Oct 7pm
FREE - ADHD and Homework	22 Oct 7-8pm
Facing Defiance	26 Oct 10am
Cannabis & Ketamine Awareness	26 Oct 7pm
School Anxiety	27 Oct 10am
Anxiety Explained	27 Oct 7pm